

LOSSA TRACK AND FIELD SCHEDULE 2017

Tuesday, May 16

Est. Time	Track Events:
10:00 AM	Sprint Hurdle Timed Finals (Order: MG, JG, SG, MB, JB, SB)
10:45 AM	Open Girls 1500m Steeplechase
11:00 AM	Open Boys 2000m Steeplechase
11:15 AM	100m Heats – Ambulatory, V.I. & I.I. first ... timed finals
12:45 PM	400m Timed Finals
2:00 PM	Midget 1500m Finals
2:20 PM	100m Finals
2:50 PM	Junior 1500m Finals
3:10 PM	4x100m Relay timed Finals
4:10 PM	Senior 1500m Finals

Field Events:						
Time	Midget Girls	Junior Girls	Senior Girls	Midget Boys	Junior Boys	Senior Boys
10:00 am	Long Jump	Triple Jump	High Jump	Shot Put	Discus	Javelin
11:00 am	Pole Vault – all categories					
12:00 pm	Shot Put	Discus	Javelin	Long Jump	Triple Jump	High Jump
2:00 pm	High Jump	Long Jump	Triple Jump	Javelin	Shot Put	Discus

Wednesday, May 17

- Order of age categories changed this year to follow the OFSAA Schedule:
Day 2: unless otherwise indicated or announced event order will be SG/SB JG/JB MG/MB

Est. Time	Track Events:
10:00 AM	Intermediate Hurdle Timed Finals (order: SB, JB, MB, SG, JG, MG)
10:45 AM	200m Heats (order: SG/SB JG/JB MG/MB)
12:15 PM	800m Timed Finals (order: SG/SB JG/JB MG/MB)
1:00 PM	200m Finals (order: SG/SB JG/JB MG/MB)
1:15 PM	3000m Finals (order: SG/SB JG/JB MG/MB)
3:00 PM	4x400m Timed Finals

Field Events:						
Time	Midget Girls	Junior Girls	Senior Girls	Midget Boys	Junior Boys	Senior Boys
10:00 am	Javelin	Shot Put	Discus	High Jump	Long Jump	Triple Jump
12:00 pm	Triple Jump	High Jump	Long Jump	Discus	Javelin	Shot Put
2:00 pm	Discus	Javelin	Shot Put	Triple Jump	High Jump	Long Jump

Coaches and Athletes please note:

- The order of track events, on day 1 unless otherwise indicated or announced will be MG/MB JG/JB SG/SB
- The order of track events, on day 2 unless otherwise indicated or announced will be SG/SB JG/JB MG/MB
- The meet may run up to ONE HOUR AHEAD OF SCHEDULE!

Wheelchair 200 & 400; Visually Impaired 100 & 800; Ambulatory 100 & 800, Intellectually/Developmentally Challenged 100
These will be run with the related able-bodied races – heats before; finals (if necessary) immediately following able-bodied races.