



LOSSA GIRLS AAA VOLLEYBALL - PLAYING REGULATIONS 2018 – 2019

Classification: Junior, Senior

Official Rules:

1. OFSAA rules are to be used, unless indicated otherwise.
2. All league and playoff matches will use a LOSSA volleyball game sheet. The home team provides score sheets.
3. Score sheets will not be limited to 12 names.
4. All officials will be arranged by the convenor, OVA trained officials shall be used.
5. Members of each team must wear an identical jersey and shorts/long pants of the same colour. The libero will wear a contrasting jersey.
6. Student-athletes must remain fully clothed in the appropriate team uniform in the competition area, AND use the designated change area to change to and from competition attire. Incidents of non-compliance will be forwarded to the LOSSA executive.
7. If a team misses a league match for a valid reason (inclement weather, bus cancellation/breakdown, school tragedy) it is the schools responsibility to notify the convenor as soon as possible. The convenor will reschedule the match at an appropriate time during the season, if possible. Schools that do not show up for league/playoff matches will be held responsible for covering the cost(s) of transportation for schools that arrive to play.
8. Net Heights: Senior Girls 224 cm
Junior Girls 220 cm
9. Signed and completed eligibility sheets that are NOT received prior to the first league game will result in a forfeit for that team. A team will continue to forfeit until the eligibility sheet has been submitted to the convenor.
10. League fees are to be paid to the convenor prior to the end of the regular season. Schools that have not paid by the last league match will forfeit their playoff position. Host schools will provide game balls that are the same as the current OFSAA official ball, a Baiden leather bound colored volleyball.

Competition Format:

1. Commence in late November for Senior and mid-December for Junior.
2. The league structure will be determined by the convenor each year based upon the number of teams declared. The league structure will consist of each team playing every school in AAA one time.
3. Teams will play round robin style, 4 teams per location, 3 matches each, junior/senior at the same site, playing 2 matches each and if needed single headers to complete the schedule.
4. Match start times for league play will be 2:00 p.m. Host teams are responsible for ensuring that equipment is set up ready for teams to warm-up a minimum of 30 minutes prior to game time. The host team will supply the



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game ball, scorers, lines people, score sheets, clock/cards and coach line-up sheets. It is recommended that scorers are trained prior to the beginning of the season.

5. League matches are rally point, two straight games, to 25. There are no caps on any games.
6. Standings: Game winner receives 1 point, per game. For example in a 2-0 match, the winner receives 2 points, the loser none; or a 1-1 match, the winner receives 1 point and the loser receives 1 point.
7. In the event of a tie the following procedure shall be used: Statistics versus the schools involved in the tie within their respective tier only.
 - i) if two teams tied, winner head to head
 - ii) if three teams tied, team with the best ratio sets won and lost considering only those matches played between the three tied teams
 - iii) the team having the best ratio of points for and against considering the games played between the tied teams only.
 - iv) coin toss
8. There will be a 5-5 warm-up schedule for the first match only, every other match 2-2-1, unless both coaches decide upon another format. This will commence prior to scheduled match time. Officials have no say in eliminating warm-ups prior to any league or playoff match.
9. The home teams are responsible for reporting the scores to the convenor within 24 hours of the competition of the match. Score sheets must be couriered to the convenor, not faxed.

Playoff Structure:

General Rules

1. The top 8 teams in Junior and Senior qualify for LOSSA championship playoffs. All remaining teams will play a single afternoon, consolation round playoffs hosted by the 9th seed in both Junior and Senior. Schools that wish to opt out of the consolation playoff round must notify the convenor prior to February 1st.
2. Matches - Best 2 out of 3 for pre-quarter, quarter and semi-finals. First two games 25 rally point, third game 15 rally point. No caps on any games.
3. Host Sites: 1st and 2nd place teams will host LOSSA Championship quarters and semis unless otherwise determined by the convenor.
4. LOSSA Championship Quarters/Semi Finals:
Quarters and semis will consist of the top 8 teams playing. Format: 1 v 8, 4 v 5 (Site 1), 2 v 7, 3 v 6 (Site 2)
The winners of these matches will continue on in the playoffs. All LOSSA Championship playoff matches will have 2 officials (1 up official and 1 down official).

Finals:

- a) Senior: Best of 3 of 5. First four games to 25 rally point, fifth game to 15. No caps. The LOSSA champion will compete at OFSAA.
- b) Junior: Best 3 of 5. First four games to 25 rally point, fifth game to 15. No Caps.
Winner is LOSSA Champion.
- c) The final for AAA Junior, Senior will be held in the evening at a neutral site or to be determined by the convenor. The finals are to have 4 OVA officials, 2 referees and 2 lines people.