



LOSSA Curling Playing Regulations 2016-2017

Classification: Girls, Boys, Mixed

Official Rules:

1. The "Rules of Curling for General Play" as published by the Canadian Curling Association will be followed unless modified by these rules or the convenor. The Convenor(s) or his/her designate shall rule on any disputes upon request by the skips or coaches involved.
2. A completed game sheet must be submitted after each contest. The names on the game sheet must be consistent with the official roster for that team. It is possible to add names to the roster as per LOSSA rules.
3. Substitutions may be used as per CCA rules. Substitutes are not permitted warmup time or slides. A player removed for a substitute may not re-enter unless there is an injury.
4. Each team may call up to 2 one minute timeouts during the course of a game. One timeout may be called by a player on the ice. One timeout may be called by the coach by informing the opposing coach. A team must be in control of the house in order to call a timeout.
5. A coaching break lasting no more than 5 minutes is permitted following the fourth end.
6. The winner of the pre-game coin flip will have choice of hammer or colour of stones.
7. On ice warm-ups will only take place if the ice is ready ahead of game time and will be subject to the following conditions:
 - Teams need to arrive 20 minutes before game time so they can conduct a coin flip to determine practice order.
 - The team that takes the hammer will practice first, no later than 10 minutes prior to game time.
 - If one team is not there 10 minutes prior to game time, they default hammer and first practice. If that team is not there 5 minutes prior to game time, they default any practice time. If neither team is there 10 minutes prior to game time, they both default practice time but will still flip for hammer.
 - Practice time for each team consists of 1 rock per player thrown up and back.
8. Both coaches (one per team) may join tier two teams at ice level during the entire game for games played before the end of December. The role of these coaches is to instruct the curlers from both teams, placing specific emphasis on etiquette, rules and safety. Proper curling footwear is required for these coaches to access the ice.

Competition Format:

1. For both girls and boys, a round robin league format will be scheduled between the middle of November and the end of February. Playoffs will follow and be completed before March break.
2. If either the girls or boys division is sufficiently large, that division may be split in order to accommodate round robin structure. This could include the creation of a tier two within either division. This could result in the convenor modifying the round robin format.



3. Standings will be calculated based on awarding the following points:
win=3, tie=2, loss=1, default=0
4. League games will be scheduled for eight ends subject to a 2 hour time limit from the designated starting time. If there are less than 15 minutes left on the on ice clocks when the last rock of an end comes to rest the game is over. No new end can begin.
5. Competition for LOSSA Mixed will take place in bonspiel format. This will be a one day event.

Playoff Structure:

1. Teams that have defaulted more than once during league play will not be eligible for the playoffs.
2. For both girls' and boys' divisions everyone not excluded by defaults makes the playoffs. Elimination games will be played until 4 semi-finalists remain.
3. The playoff brackets will be based upon final league standings.
4. The higher ranking team will have the choice of last rock in the first end or rock colour.
5. If there is a tie in league standings, the first tiebreaker shall be the head to head record amongst tied teams.
6. If a tie remains after comparing head to head records, a shootout will be used. Each team member will throw one stone towards the glass. Sweeping of your own team's rocks is permitted for the shootout.
7. Scoring for the shootout is as follows:

➤ covers the pin	8 points
➤ full 4 foot ring	6 points
➤ touches the 4 foot ring	5 points
➤ full 8 foot ring	4 points
➤ touches the 8 foot ring	3 points
➤ full 12 foot ring	2 points
➤ touches the 12 foot ring	1 point
8. Ties in playoff games will be broken by playing a full end towards the glass.
9. Practice time will be guaranteed for playoff games.
10. Semi-final and finals of the tier one playoffs are not subject to a time limit.
11. Winners of semi-final games will play for gold or silver medals. Gold medal winners will earn the right to continue on to OFSAA.
12. Losers of tier one semi-final games will play for the bronze medals.
13. Champions and runners up in the tier 2 final games will be awarded gold and silver medals respectively.