



LOSSA WRESTLING PLAYING REGULATIONS 2016 - 2017

Classification:

- 1) Need to include Girls Open wrestling as well as the currently listed Boys Open.
- 2) In the Boys Open Classification the 84kg weight category has been deleted and an 83kg and 89kg weight classes have been add (giving a total of 16 weight divisions)
- 3) The Girls weight categories (13 weight divisions) are to include;
41,44,47.5,51,54,57.5,61,64,67.5,72,77,83kg, and unlimited kg categories

Competition Format: The weight divisions to be listed are:

KGS - LBS

38 - 84
41 - 90
44 - 97
47.5 - 104.5
51 - 112

KGS - LBS

54 - 119
57.5 - 127
61 - 134
64 - 141
67.5 - 149

KGS - LBS

72 - 158
77 - 169
83 - 185
95 - 209
unl - unl

PRACTICE REQUIREMENTS (new 2013)

Any wrestler participating in an OFSAA Championship or OFSAA qualifying event, must have participated as a member of a bona fide high school program during the current school wrestling season in a minimum of thirty (30) practices at a location where the majority of his/her high school practices are held under the supervision of a teacher-coach as certified by the school principal.

OTHER WRESTLING INFORMATION

1. The top four wrestlers in all weight classes must be seeded by the convenor using the criteria listed below.
2. All entrants to LOSSA must be submitted on the form provided by the convenor no later than 1 week prior to the official weigh in.
3. Failure to submit a wrestler's name, incomplete or inaccurate information will result in the immediate disqualification of the wrestler.
4. Competition in weight classes that require round robin format must be structured so that the number 1 and number 2 seeds are in the last round of the round robin competition.
5. If for some reason two or more athletes cannot be ranked using the following criteria the convenor will break ties by flipping a coin.
6.
 - i) Team points will be awarded as follows:

CHAMPION	10	4TH place	4
2nd place	8	5th place	2
3rd place	6	6th place	1



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- ii) Team points for weight classes with 3 or less wrestlers to be awarded 5 points for first, 3 points for second, and 2 points for third.
- 7. Protests must be written and handed to the convenor within fifteen minutes of the conclusion of the match in question.
- 8. LOSSA Champion and the winner of the silver medal or if eligible the winner of the bronze/silver challenge match will advance to OFSAA.
- 9. LOSSA wrestling will have the official weigh-in the night before the LOSSA tournament. The weigh-ins will be held simultaneously at either 2 or 3 sites as designated by the convenor and taking into consideration schools in the north/south and east/west
- 10. In conjunction with the regular LOSSA tournament schedule a LOSSA WRESTLING LEAGUE schedule (QUAD Meets) will be implemented. Each participating school will pay officiating fees of \$50 per meet as billed by the LOSSA convenor that in turn will make arrangements with the Durham Region Officials Association to schedule referees for the League Schedule. The Quad Meets competition / match pairing assignments will be organized by the coaches involved with the quad meet.
- 11. LOSSA Championships - you must "participate either by competing or by winning by default/forfeit" in at least 2 LOSSA officiated events to be eligible for the LOSSA Championships. (This would include any 2 LOSSA quad meets or tournaments hosted by a school in LOSSA)

Criteria:

- 1. Current season head to head.
- 2. Returning LOSSA Champion in that weight class. If there is not a returning champion, but there are champions from other weight classes, the champion from the heavier weight class takes precedence.
- 3. OFSAA placing from the previous year in the weight class, counting 1 through 6 only. If there are no top 6 finishers from that weight class, the wrestler from the heavier weight class will be seeded higher.
- 4. Returning LOSSA medallist in that weight class. If there is not a returning medallist, but there are medallists from other weight classes, the medallist from the heavier weight class takes precedence.
- 5. Nationals placing from the previous year.
- 6. Provincials placing from the previous year.
- 7. LOSSA Cadet Champion from the current year.
- 8. Overall season record, high school tournaments only (minimum 15 matches are necessary to be a valid seeding criteria).
- 9. Changing a wrestler's record at the seeding meeting will not be allowed!