



## **LOSSA GIRLS FIELD LACROSSE PLAYING REGULATIONS 2016-2017**

**CLASSIFICATION:** Open

**OFFICIAL RULES:** Games shall be played under the Federation of International Lacrosse (F.I.L.) rules, with the following exceptions:

- The number of players listed on the score sheet is unlimited.
- Play 2 – 25 minute running time halves – last 2 minutes of each half is stop time.

Clarification of Cards:

Two yellows in the same game = Red Card and the player sits remaining of current game.

Direct Red Card the player sits remaining of current game, plus the next LOSSA league or play-off game.

### **COMPETITION FORMAT: LEAGUE STRUCTURE**

Format will depend on number of teams declared. Teams are ranked based on final standings from previous year and divided into an A and B division for league play. For league standings, two points will be awarded for a win, one for a tie, and 0 for a loss. If a team withdraws from league play once the season has started, all games from that team will be deleted from league standings.

### **PLAYOFFS**

#### **“A” Championship Playoff Structure**

##### **QUARTERS**

1<sup>st</sup> and 2<sup>nd</sup> = bye

3<sup>rd</sup> vs 6<sup>th</sup> and 4<sup>th</sup> vs 5<sup>th</sup>

##### **SEMI'S**

1<sup>st</sup> plays lowest ranking advancing team

2<sup>nd</sup> plays highest ranking advancing team

##### **FINALS**

Winners of semis

#### **“B” Championship Playoff Structure**

- teams 7 through 12, follow same format as A Championship

#### **“C” Playoff Ranking**

– at least 4 remaining teams are required to have a “C” Playoff Ranking

\*\*\*\*\* Home field advantage to the top ranked team will apply. The Championship games will be played at the Oshawa Civic field. The Championship games to be officiated by International, National or Provincial umpires (in that order based on their availability) and will be assigned by the league convenor.

### **TIE BREAKING METHOD**

- i) head to head record between the tied teams
- ii) total goals against between the teams involved
- iii) goal differential between the teams involved
- iv) goal differential over the entire season



## LAKE ONTARIO SECONDARY SCHOOL ATHLETICS

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### **OTHER INFORMATION:**

C.L.A /O.L.A. Score sheets are to be used.

Game sheets must be legible, with a final score clearly indicated. A player's full name and number should appear on the score sheet. It is the responsibility of the host school to:

- 1) Phone the game results to the convenor (no later than the day following the game).
- 2) Mail the completed game sheet/results to the convenor the following day.

All games will be played at sites designated by the convenor.

Officials Convenor

- will be established at the beginning of each season
- honorarium of **\$25/school to a maximum of \$400 to be included in the league fees**

25 gold and 25 silver medals are provided by LOSSA to the championship finalists. A pennant will be provided to the gold medal winners.