



LOSSA Curling Playing Regulations 2016-2017

Classification: Girls, Boys, Mixed

Official Rules:

1. The "Rules of Curling for General Play" as published by the Canadian Curling Association will be followed unless modified by these rules or the convenor. The Convenor or his/her designate shall rule on any disputes upon request by the skips or coaches involved.
2. A completed game sheet must be submitted after each contest. The names on the game sheet must be consistent with the official roster for that team. It is possible to add names to the roster as per LOSSA rules.
3. Substitutions may be used as per CCA rules. Substitutes are not permitted warmup time or slides. A player removed for a substitute may not re-enter unless there is an injury.
4. Each team may call up to 2 one minute timeouts during the course of a game. One timeout may be called by a player on the ice. One timeout may be called by the coach by informing the opposing coach. A team must be in control of the house in order to call a timeout.
5. A coaching break lasting no more than 5 minutes is permitted following the fourth end.
6. The winner of the pre-game coin flip will have choice of hammer or colour of stones.
7. On ice warm-ups will only take place if the ice is ready ahead of game time and will be subject to the following conditions:
 - a) On ice warmups will take place only on the game sheet of ice with the rocks to be used by your own team. Subject to ice availability, each team will have a maximum of 5 minutes of practice time.
 - b) The team that will have last rock in the first end practices first.
 - c) If only one of the teams is present, they take the first practice and choose rock colour. There will still be a coin flip for last rock.
 - d) First practice will begin no earlier than 15 minutes before game time and no later than 10 minutes before game time.
 - e) If ice is not available until fewer than 10 minutes before game time, warmup time will be reduced appropriately.

Competition Format:

1. For both girls and boys, a round robin league format will be scheduled between the middle of November and the end of February. Playoffs will follow and be completed before March break.
2. If either the girls or boys division is sufficiently large, that division may be split in order to accommodate round robin structure. This could include the creation of a tier two within either division. This could result in the convenor modifying the round robin format.



3. Standings will be calculated based on awarding the following points:
win=3, tie=2, loss=1, default=0
4. League games will be scheduled for eight ends subject to a 2 hour time limit from the designated starting time. If there are less than 15 minutes left on the on ice clocks when the last rock of an end comes to rest the game is over. No new end can begin.
5. Competition for LOSSA Mixed will take place in bonspiel format. This will be a one day event.

Playoff Structure:

1. Teams that have defaulted more than once during league play will not be eligible for the playoffs.
2. For both girls' and boys' divisions everyone not excluded by defaults makes the playoffs. Elimination games will be played until 4 semi-finalists remain.
3. The playoff brackets will be based upon final league standings.
4. The higher ranking team will have the choice of last rock in the first end or rock colour.
5. If there is a tie in league standings, the first tiebreaker shall be the head to head record amongst tied teams.
6. If a tie remains after comparing head to head records, a shootout will be used. Each team member will throw one stone towards the glass. Sweeping of your own team's rocks is permitted for the shootout.
7. Scoring for the shootout is as follows:

➤ covers the pin	8 points
➤ full 4 foot ring	6 points
➤ touches the 4 foot ring	5 points
➤ full 8 foot ring	4 points
➤ touches the 8 foot ring	3 points
➤ full 12 foot ring	2 points
➤ touches the 12 foot ring	1 point
8. Ties in playoff games will be broken by playing a full end towards the glass.
9. Practice time will be guaranteed for playoff games.
10. Semi-final and finals of the tier one playoffs are not subject to a time limit.
11. Winners of semi-final games will play for gold or silver medals. Gold medal winners will earn the right to continue on to OFSAA.
12. Losers of tier one semi-final games will play for the bronze medals.
13. Champions and runners up in the tier 2 final games will be awarded gold and silver medals respectively.