



LOSSA BOYS RUGBY PLAYING REGULATIONS 2016 – 2017 (revised June 2014)

Classifications:

Tier 1: Junior and Senior
Tier 2: Junior and Senior
Midget

Official Laws: IRB U19 Laws

Competition Format: (Head Convenor: Tier 1 and Play-offs / Assistant Convenor: Tier 2 League)

Tier 1: To be determined at pre-season coaches meeting

Tier 2: To be determined at pre-season coaches meeting

Midget will be comprised of both Tier I and Tier II teams and divided into East/West divisions

Length of Games

Midget and Junior: 25 minute halves. Senior: 30 minute halves. Ties will stand for league games.

League Scoring

Win- 4 Points

Tie- 2 Points

>4 Tries- 1 Bonus Point

Loss < 7 points- 1 Bonus Point

Tie Breaking Format (Standings)

1. Result of games between concerned teams
2. Point differential between common opponents to a maximum of 20 points/game
3. Least number of tries conceded between common opponents
4. Most number of tries scored between common opponents
5. Coin Flip

Play-offs: Location Wanderers or Vikings RFC (Alternate Years)

MIDGET PLAYOFFS

Top five (5) teams in each division make the playoffs.

Top team in each division receive a first round bye.

Midget Pre ¼ s

(Games—2 x 25 minutes + Overtime as per LOSSA By-Laws—if required)

Game #1 E4 @ W3

Game #2 W4 @ E3

Midget ¼ Finals

(Games—2 x 25 minutes + Overtime as per LOSSA By-Laws—if required)

Game #3 Winner Game #1 @ W1

Game #4 Winner Game #2 @ E1

Game #5 W5 @ E2

Game #6 E4 @ W2

Midget ½ Finals

(Midget Games—2 x 25 minutes + Overtime as per LOSSA By-Laws—if required)

Game #7 Winner Game #5 vs Winner Game #3

Game #8 Winner Game #6 vs Winner Game #4



Midget Finals

(Games—2 x 25 minutes + Overtime as per LOSSA By-Laws—if required)

Game #7 vs Game #8

JUNIOR AND SENIOR (8 or 10 team league)

Junior/Senior ¼ Finals

Junior (Games—2 x 25 minutes + Overtime as per LOSSA By-Laws—if required)

Senior (Games—2 x 30 minutes + Overtime as per LOSSA By-Laws—if required)

Game #1—West #4 @ East #1

Game #2—West #3 @ East #2

Game #3—East #3 @ West #2

Game #4—East #4 @ West #1

Junior/Senior ½ Finals

Junior (Games—2 x 25 minutes + Overtime as per LOSSA By-Laws—if required)

Senior (Games—2 x 30 minutes + Overtime as per LOSSA By-Laws—if required)

Game #5—Winner Game #1 Vs Winner Game #3

Game #6—Winner Game #2 Vs Winner Game #4

Junior/Senior Finals

(Junior Games—2 x 25 minutes + Overtime as per LOSSA By-Laws—if required)

(Senior Games—2 x 30 minutes + Overtime as per LOSSA By-Laws—if required)

Winner Game #5 vs Winner Game #6

Tier 2 Structure (Junior and Senior)

Junior and Senior (8 or 10 team league)

Junior/Senior ¼ Finals

Junior (Games—2 x 25 minutes + Overtime as per LOSSA By-Laws—if required)

Senior (Games—2 x 30 minutes + Overtime as per LOSSA By-Laws—if required)

Game #1—West #4 @ East #1

Game #2—West #3 @ East #2

Game #3—East #3 @ West #2

Game #4—East #4 @ West #1

Junior/Senior ½ Finals

Junior (Games—2 x 25 minutes + Overtime as per LOSSA By-Laws—if required)

Senior (Games—2 x 30 minutes + Overtime as per LOSSA By-Laws—if required)

Game #5—Winner Game #1 Vs Winner Game #3

Game #6—Winner Game #2 Vs Winner Game #4

Junior/Senior Finals

(Junior Games—2 x 25 minutes + Overtime as per LOSSA By-Laws—if required)

(Senior Games—2 x 30 minutes + Overtime as per LOSSA By-Laws—if required)

Winner Game #5 vs Winner Game #6



Tie Breaking Format for Play-off Games

Overtime (if required)

According to IRB U19 Laws: 5.1 Each half of an Under 19 match lasts 35 minutes playing time. Play in a match lasts no longer than 70 minutes. After a total of 70 minutes playing time, the referee must not allow extra time to be played in the case of a drawn match in a knock-out competition."

Therefore in Playoff Matches when only one (1) game/day is played:

Senior Matches

- 2 x 5 minutes (1 minute break)
- ONLY INJURY SUBSTITUTIONS
- (NOT SUDDEN DEATH)

IF STILL TIED....

- 5 minute Break
- then OFSAA Kicking Format

OFSAA KICKING FORMAT

Each team will select up to three (3) players, from among the players on the field at the end of **REGULATION**. These players shall be organized to kick from the designated spots at the same goal posts with the wind at their backs. A best of three format shall be used. Kicks may be place kicks or a drop kick. The team that won the toss at the beginning of the game will decide to kick first or second.

The kicks shall be in the following sequence on the 22m line:

- a) Midway between sidelines on the 22m
- b) Left 15m line and 22m
- c) Right 15m line and 22m

If tied at the end of three kicks, then becomes Sudden Death—if the first kicking team is successful then the second team must also be successful in order to continue.

The kicks shall be in the following sequence on the 22m line:

- a) Midway between sidelines on the 22m
- b) Left 15m line and 22m
- c) Right 15m line and 22m

UNTIL A WINNER IS DECLARED!

Midget/Junior

- 2 x 5 minutes (1 minute break)
- ONLY INJURY SUBSTITUTIONS
- (NOT SUDDEN DEATH)

If still tied....

- 2 x 5 minutes (1 minute break)
- ONLY injury substitutions
- Sudden Death

IF STILL TIED....

- 5 minute Break
- then OFSAA Kicking Format



OTHER RUGBY INFORMATION

Relegation/Advancement from Tier 1 and Tier 2

Relegation/Advancement will be determined at the pre-season coaches meeting.

Forfeits—Winner receives 20 points for/0 points against plus 1 Bonus Point, LOSER receives 0 points for/20 points against in the official standings.

Substitution Format

Each team is allowed a maximum of EIGHT (8) substitutions per game. More substitutions will be allowed if there is an agreement between opposing coaches during league and playoffs either prior to the game or at half time.

IRB U19 Law Variations allow the following to occur:

BLOOD SUB: If a player is bleeding, that player may be substituted from play on a temporary basis. The player has ten (10) minutes to be re-inserted.

FRONT ROW: A player who has been substituted and is front row qualified may be re-introduced into the game.

TACTICAL SUB: Players who have been substituted as a TACTICAL SUB may be re-introduced into the game for an injured player only.

Players who are removed from the field due to injury may not be re-introduced into the game.

Safety Regulations

All players must wear mouth guards.

Field Markings

The home team is responsible for having the field lined as per the IRB guidelines. Failure to meet these requirements may result in default of the game.

Touch Judges

Each team will supply a COMPETENT touch judge to run touch on their sideline for all league games.

Team/Coach Locations

Opposing teams will be on opposite side of the field from each other. When this is not possible, teams and coaches must remain on opposite sides of centre (except for the touch judge).

Disqualification from a Game

A PLAYER THAT IS EJECTED FROM A GAME DUE TO A RED CARD VIOLATION WILL BE SUSPENDED FOR THE NEXT LEAGUE/PLAY-OFF GAME AND ANY EXHIBITION OR TOURNAMENT GAMES UP UNTIL THAT GAME IS PLAYED. ALL OTHER EJECTIONS FROM GAMES WILL BE REPORTED TO THE CONVENOR AND DISCIPLINED BY LOSSA.

Special Midget Laws

Scrummage: The off-side line for the scrum half shall be the midline of the tunnel of the scrum.

Eligibility of Seconds Rugby

A player may play no more than one-half of a play-off game in Tier 1 to be eligible for seconds rugby.

Game Sheets

All teams shall use the LOSSA Rugby Game Sheet. The HOME team is responsible for keeping score and submitting the game sheets.



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Reporting Scores

It is the home team responsibility to report scores via email to the convenor(s) on the evening of the games. All game sheets shall be sent by courier to the convenor(s) the next day.

League Fees

League Fees are set at \$50.00 per team. This money will cover the cost of referees for all Semi-Finals and Championship Finals as well as on site Physiotherapist.

Referees

The HOME team is responsible for booking a CERTIFIED referee for each match. The league has agreed that schools pay \$50.00 per game for a certified official.

Representation at Provincial Level Championships

The convenor shall make sure that LOSAA is represented at all possible levels of provincial championships.